

Community Bridges, Inc.

Celebrate

Discover

Inspire

pathway to hope

APRIL • MAY • JUNE • 2011

## Who We Are

Community Bridges, Inc. (CBI) was incorporated as a private non-profit, 501(c)(3) organization in 1982 and has a 29-year history of providing integrated behavioral health services which include prevention, education and treatment services throughout Arizona.

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Community Bridges AZ

## CBI Celebrates the Opening of New Programs in Casa Grande

CBI has opened a new Rural Stabilization and Recovery Unit (SRU) & Outpatient Services Center in Casa Grande thanks to Cenpatico Behavioral Health. We appreciate everyone who came out to support this exciting time for the agency during our recent open house.

CBI will offer integrated behavioral health services for individuals in need of mental health and substance abuse treatment. Our team is excited to help launch this new support within the community.



To learn more about our programs in Casa Grande, visit us online or call 520.426.0088.



*Helen Neuharth, President/CEO- Greater Casa Grande Chamber of Commerce; David Snider, Pinal County Supervisor- District 3; Terry Stevens, CEO- Cenpatico Behavioral Health; Mike Whalen- Board President- Community Bridges & Owner of Centurian Security; Dr. Frank Scarpati, President/CEO- Community Bridges; Dr. Jay Gray, COO- Cenpatico Behavioral Health, Karl Montoya, Mayor Pro Tempore- City of Casa Grande; Laurel Rettler, Emergency & Community Services Manager- Cenpatico Behavioral Health.*

CommunityBridgesAZ.org

# Magellan Health Services Recognizes Community Bridges



A special thanks to Magellan Health Services of AZ for the numerous visits to our locations throughout Maricopa County on May 3, 2011. Magellan staff delivered incredibly tasty Chompie's Cupcakes and Living Works Lanyards

for all Applied Suicide Intervention Skills Training (ASIST) trained staff. CBI is grateful for this recognition in exceeding our training goal of offering ASIST to over 200 staff working throughout Maricopa County.



Community Bridges ASIST trained staff at the Center for Excellence in Phoenix.



Joronda Montaño, Director of Prevention and ASIST Trainer



Magellan of Arizona, Community Bridges, NAMI Arizona, Family Involvement Center, and the Mental Health Awareness Coalition recently joined forces during the month of May 2011 to recognize National Mental Health Awareness Month and to personify the issue through “**Extraordinary People**” who make valuable contributions to our community despite experiencing mental illness or dealing with substance abuse issues.

Community Bridges staff recently shared their experience, strength, and hope through this campaign and are profiled on this dedicated website. A special thanks to **Matt Smith** and **Jamie Fuller** for their participation in this effort by sharing their personal stories.

## CBI on the Air

Community Bridges also had the opportunity to provide education about co-occurring disorders during a May interview on **93.3 KDKB's Valley Focus Program** with Debra Luray. This candid interview is available on our website.



**Magellan of Arizona** recognized Community Bridges as a major partner in delivering high impact behavioral health services in our community during **Mental Health Awareness Month** in May. An event was held at the Arizona Science Center during the Body Worlds Exhibit for a private event called “The Science of the Brain”.

Dr. Richard Clarke, CEO - Magellan of Arizona and Dr. Frank Scarpati, CEO - Community Bridges, Inc.

# Featured CBI Team

## Northern Arizona - Winslow



CBI operates Rural Stabilization and Recovery Units (SRU's) all throughout Arizona. We wanted to share a few photos of our team based at the Winslow SRU and Outpatient Services Center.

Our Winslow SRU opened in 2010 and our new Winslow Outpatient Services Center recently opened right in the heart of town.

**The Winslow Outpatient Services Center offers -**

- Substance use disorder treatment and medication assisted treatment (MAT)
- Outpatient detoxification
- Addiction-based pharmacotherapies
- Mental health treatment & MAT
- Intensive & standard outpatient counseling
- Recovery support groups & family programs



## Hopi Leaders Inspire

Leaders from the Hopi Tribe gathered for their third Hopi Justice Committee meeting in April. In this photo, representatives from CBI, Hopi Villages, local providers, Hopi police, schools, Hopi Courts, Bureau of Indian Affairs and members from the Hopi Alliance Against Substance Abuse (HAASA) gathered to continue the development of a solutions-focused plan to assist with the prevention and treatment needs of youth and adults on their reservation.

CBI offers prevention services on the Hopi Reservation by providing community-based education for youth and parents. Contact CBI at 928.205.9593 to inquire about holding on-site trainings and events.



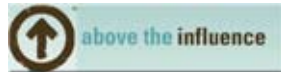
# What's New at Community Bridges, Inc.



The Community Bridges prevention team is working hard throughout Maricopa, Navajo, and Apache Counties to do our part in building an effective prevention framework in the communities we serve.

At the basic level of prevention science, a positive caring adult is the number one protective factor. Next is each unique voice and choice made by youth themselves. The empowering possibility for youth to refrain from underage drinking is also being put into action by the national **Above the Influence Campaign**. CBI and the Mesa Prevention Alliance have aligned our message with this highly successful campaign where youth exercise their voice and express their own personal commitment to be above the influence.

[www.abovetheinfluence.com](http://www.abovetheinfluence.com)



## Youth Inspiration - 4/20/2011 Successful Event!



The Mesa Prevention Alliance also held its second annual Take Back the Date event with over 300 youth in attendance at Skateland. This widely recognized marijuana use "holiday" gave our community an opportunity to put a positive spin to the time (4:20) and date (4/20) often associated with drug use. Youth and adults from Mesa made the choice to occupy their time with healthy activities and show their commitment to being above the influence.

## Women's and Children's Programs Update

CBI is pleased to announce our plans to open a second four-plex property in Mesa. Using Federal HOME funds awarded through the City of Mesa, **The Center for Hope** (CFH) has now purchased two four-plex properties that have been or are being rehabilitated and offer low-income woman and children a safe and secure environment after discharge from the CFH. These properties are reserved for women and children only. Continuing support services are provided through CBI's Women's Outpatient program called **ASPIRE**, which offers ongoing case management, substance abuse and mental health treatment, home visits, child care, and transportation.

## In-Kind Donation Wish Lists

### How You Can Help at the Center for Hope



- Diapers
- Newborn Layettes
- Toddler Clothing for Boys and Girls—2T to 5T
- Receiving Blankets
- Nursing Bras
- Maternity Clothing
- Strollers
- Car Seats
- Infant Carriers

### How You Can Help Families in Transition to our Permanent Supportive Housing

- New twin, full, and queen sheet sets
- Kitchen towels
- Bath towels
- Cookware
- Now accepting new or gently used furniture \*

#### For In-Kind Donations

Please call our staff at the Center for Hope at 480-461-1711 to arrange for a scheduled drop off time or if you have additional questions.

\* Please note that we require approval of some donations for safety purposes.

## How You Can Help

Community Bridges makes it easy to donate online.

Visit our website to learn more about designating your contribution to a specific program, region, or in someone's honor.

All donations are tax deductible.  
[www.CommunityBridgesAz.org/Contribute](http://www.CommunityBridgesAz.org/Contribute)



# Building a Better Mesa



## Mesa Prevention Alliance (MPA) Recognizes Community Leaders

MPA held its first annual leadership luncheon at the historical Landmark Restaurant on May 26, 2011. MPA members honored Representative Amanda Reeve, R-Anthem District 6 and Representative Matt Heinz, D-Tucson District 29 for their work on HB 2167, known as the Spice bill. This bill made illegal in the State of Arizona, ten chemical compounds commonly found in synthetic marijuana known as "Spice". Both Representatives were thanked and honored for their work and dedication to helping create a safer environment for our youth.

MPA also thanked and acknowledged the work that Mayor Scott Smith and Councilmembers Dina Higgins, Dave Richins, Christopher Glover, Alex Finter, Dennis Kavanaugh, and Scott Sommers, have done in Building a Better Mesa.

The Mesa Police Department, The Buckeye Way Out West (W.O.W.) Coalition, Improving Chandler Area Neighborhoods (ICAN), Fountain Hills Coalition and Tempe Union High School District were also shown appreciation for their efforts in collaborating with key organizations to build safer communities.



*Councilwoman Dina Higgins and Community Bridges board member, Chief John Meza of the Mesa Police Department.*



*Larry Tracey, Co-Chairman WOW Coalition; Mark Mann, Chief of Buckeye Police Department; Ed Eddingfield, WOW Coalition Staff. Chief Mark Mann, of the Buckeye Police Department, spoke of his own personal experiences in working with the W.O.W. Coalition. He described how their joint effort created Buckeye's Social Host Ordinance and how this has led to significantly decreasing underage drinking.*



*This event brought Community Leaders together and has created new relationships with the Alliance in an effort to "Build a Better Mesa", together.*



*Karen Frias-Long, MPA Member and CBI staff; Mesa Mayor Scott Smith; and Isacc Ramos and Vianey Lopez. Both MPA Youth Peer Leaders shared their own personal experiences and how their involvement with the Alliance has helped them to grow personally with a strong sense of community.*



## A Homerun Hitter!

Community Bridges was recognized at the Mesa United Way All Star Annual Award Luncheon on May 18, 2011 with an Agency Appreciation Award.

*Linda Haskall, Mesa United Way and Stephanie Siete, CBI*

## Upcoming Event

The next **Mesa Prevention Alliance** meeting will be held on Wednesday, August 24th, 2011 at 8:30 am at the Family Resource Center - 817 N. Country Club, Mesa, 85201. The first 30 minutes is set aside for breakfast and registration.

[www.JoinMPA.org](http://www.JoinMPA.org)

# New Programs Coming to the East and West Valley



Commission on the Accreditation of Rehabilitation Facilities

Community Bridges, in partnership with Magellan of Arizona, is pleased to announce that facilities are close to operation in the East and West Valley. These new programs are designed to close a gap in the continuum of care in the behavioral health system in Maricopa County.

## West Valley Location:

The program in Avondale is located at 824 N. 99th Avenue, Avondale, AZ 85323.



Facility in Avondale

## East Valley Location:

The program in Mesa is expected to open in October, 2011. Address -358 E. Javelina Avenue, Mesa, AZ 85210.

**Each of the two 24/7 full-service facilities are regionally located and have two areas of focus:**

### Access Point

Outpatient and Intake – A front door to the behavioral health system – offering assessment for ongoing services, brief intervention, and coordination of ongoing care through contracted network providers.

### Transition Point

Level III time-limited residential (3-5 days) – 16 beds for individuals who need targeted overnight support or transition planning back to the community.

## CBI Celebrates!

### Meet our Second Round of Certified Peers



Sixty two Peer Support Specialists have successfully completed our intensive Certified Peer training program. Over 100 hours of training evaluated by a final written test and demonstrated skills occur during a three-month period. This includes on-the-job training and intensified clinical supervision. Applied Suicide Intervention Skills Training (ASIST), American Society of Addiction Medicine Patient Placement Criteria (ASAM-PPC), Integrated Behavioral Health Outreach, and Crisis Intervention are a few items that are included in the curriculum.

### Special Recognition to our Peers Now Certified via Telemed Training from Winslow, Payson, Globe, Yuma, and Benson

Norma Lopez, Stephanie Fedorka, Lorena Sarabia, Don Neely, Melinda Pennell, Kimberly Cox, George Allen, Bobbi Hood, Candi Perez, Fletcher Peterson, Darrell Monroe, Tahmie Smith, Manuel Chavarria, Charn Payne, Bud Blanchard, Stacey Feinsilver, Larry Ganz, Kimberly Rust, Hillary Oates, Wendy Rubio, Teresa Santoya, Tasha Martin, Ashley Maxwell, Karla Mullen-Jacks, Julie Bishop, Melissa Devaney, and Tia Vela.